

Department of Kinesiology Experiential Learning Series

EXPERIENTIAL LEARNING COURSES

KINESIOL 3RP3

Kinesiology Research Practicum

Prerequisites: Registration in Level III or IV of Honours Kinesiology and permission of the faculty supervisor

This course is for you if you...

- Think you may have an interest in research
- Find a particular area of study interesting and you want to learn more about it
- Would like to gain knowledge regarding lab environments
- Are considering a 4RR6 project later in your degree

KINESIOL 4EE3

Professional Placement in Kinesiology

Prerequisites: Registration of Honours Kinesiology. Placement to be approved by Department.

This course is for you if you...

- Would like to experience a hands-on approach to learning
- You want to apply classroom knowledge to practical experience
- Have an interest in a career in a health care profession such as physiotherapy
- Are considering a career that requires knowledge application

KINESIOL 4RR6 A/B

Thesis

Prerequisites: Registration in Level IV of Honours Kinesiology with a minimum GPA of 8.5 and permission of the faculty supervisor

This course is for you if you...

- Know you have an interest in research and would like practical experience in a research setting
- Are able to take on a research project
- You want to gain knowledge regarding lab environments
- Are considering graduate studies and/or a career in research

Experiential Learning Series KINESIOL 3RP3 Kinesiology Research Practicum

COURSE DESCRIPTION

Students will conduct a research placement, as directed by a faculty member in Kinesiology, in a wide range of scientific lab/field settings. Students will complete an academic component in addition to their research. This course serves as excellent preparation for a Level IV Thesis or Independent Study experience.

FORM DEADLINES

Ideally students should attempt to set up their placement the term prior to enrolment. Students must submit their completed form to the Undergraduate Studies, Academic Program Advisor via email to kinug@mcmaster.ca or in IWC 219C, 30-days prior to the start of the term and enroll prior to the first day of class.

For the upcoming fall semester forms should be submitted by **August 1**

For the winter semester, forms should be submitted by **December 1**

Please Note: Although forms can be submitted past their due date (but before the start of the term) it is strongly encouraged that all students set up their placement prior to the school year, as registration in the course is limited and the course tends to fill up quickly.

FREQUENTLY ASKED QUESTIONS

Am I required to find my own placement?

Yes. It is the student's responsibility to find their own placement prior to submitting forms. This requires planning for your placement before the deadlines for forms.

How do I go about finding my placement?

You must approach a potential faculty supervisor from the Department of Kinesiology and ask if they are willing to supervise you as a student. This may entail an introductory phone call and/or email and a follow up meeting to ensure the placement is an appropriate one for you. You are required to make the potential supervisor aware of their role and responsibilities in this course.

Are the deadlines final?

The deadlines mentioned above are final for the corresponding semesters. Please note that the August 1 deadline is strongly encouraged for **all semesters** of the upcoming school year.

What are my placement obligations? What is required from my supervisor?

You must fulfil the placement requirement of completing a minimum of 60 hours *during the semester*. Hours completed prior to the school year cannot count towards placement hours. Your supervisor must be able to meet with you regularly, provide ongoing feedback and complete all evaluation forms by their deadlines.

Note: Some placements require more than the minimum 60 hours. You are required to see your placement through to completion, regardless if you have achieved your 60 hours already, as per our agreement with your supervisor at the start of the placement.

Does my placement have to coincide with the term I am registered in?

Yes. You must be in your placement at the time you are taking the course. Past or future opportunities cannot count towards the course hours.

Can I take it KINESIOL 3RP3 in both semesters more than once?

No, KINESIOL 3RP3 can only be taken once per degree.

How do I register for the class?

Once you have submitted the approval forms by the deadline, the Academic Program Advisor will enter the permission to allow you to register in the course on your MOSAIC account.

What if this course time slot conflicts with another course?

MOSAIC will not allow you to register in conflicting courses. You are required to attend all lecture components of the course throughout the fall and winter terms. Please note: There is no course coordinator in the spring/summer term, so all correspondence and evaluation is completed with your faculty supervisor.

Experiential Learning Series KINESIOL 4EE3 Professional Placement in Kinesiology

COURSE DESCRIPTION

The Kinesiology Placement Course is founded on the Experiential, Self-Directed, and Service Learning literature. The placement experience provides the essential links between classroom learning and professional practice by offering students the opportunity to put theory into practice and to apply the “core” knowledge of the Kinesiology sub-disciplines in a real-life experience. Through the Kinesiology Placement course, students will further develop their leadership abilities, communication and problem solving skills, and strengthen their civic responsibility through service in the broader community.

The Kinesiology Placement course involves a partnership between three parties - the student, the course professor, and the placement agency. For the placement agency, the student brings energy and enthusiasm, and a commitment toward the agency meeting its objectives. For the student, the placement provides opportunities for learning that typically does not occur in a regular classroom setting, while offering a professional orientation to a field of study that may expand career choices. For the professor, the course serves as a link to community agencies that provide leadership in sport and physical activity, deliver activity based service programs to the broader population, and offer rehabilitation services for clients requiring specialized care.

FORM DEADLINES

Ideally students should attempt to set up their placement the term prior. A Students must submit their completed form to the Undergraduate Studies, Academic Program Advisor via email to kinug@mcmaster.ca or in IWC 219C, 30-days prior to the start of the term and enroll prior to the first day of class.

For the upcoming fall semester, forms should be submitted by **August 1**

For the winter semester, forms should be submitted by **December 1**

Please Note: Although forms can be submitted past their due date (but before the start of the term) it is strongly encouraged that all students set up their placement prior to the school year, as registration in the course is limited and the course tends to fill up quickly.

FREQUENTLY ASKED QUESTIONS

Am I required to find my own placement?

Yes. It is the student's responsibility to find their own placement prior to submitting forms. This requires research into potential placements and planning for your placement before the deadlines for forms.

How do I go about finding my placement?

You must approach a potential supervisor and ask if they are willing to supervise you as a student. This may entail an introductory phone call and/or email and a follow up meeting to ensure the placement is an appropriate one for you. You are required to make the potential supervisor aware of their role and responsibilities in this course.

Are the deadlines final?

The deadlines mentioned above are recommended for the corresponding semesters. Please note that the August 1 deadline is strongly encouraged for **all semesters** of the upcoming school year.

What are my placement obligations? What is required from my supervisor?

You must fulfil the placement requirement of completing a minimum of 60 hours *during the semester*. Hours completed prior to the school year cannot count towards placement hours. Your supervisor must be able to meet with you regularly, provide ongoing feedback and complete all evaluation forms by their deadlines.

Note: Some placements require more than the minimum 60 hours. You are required to see your placement through to completion, regardless if you have achieved your 60 hours already, as per our agreement with your supervisor at the start of the placement.

Does my placement have to coincide with the term I am registered in?

Yes. You must complete your placement at the time you are taking the course. Past or future opportunities cannot count towards the course hours.

Can I take KINESIOL 4EE3 in both semesters (for a total of 6 units)?

KINESIOL 4EE3 can only be taken once and thus, cannot be taken for a total of 6 units.

Can I take INSPIRE 3AR3 at the same time as KINESIOL 4EE3?

Yes, as long as each placement is different. Instructor permission is required.

How do I register for the class?

Once you have submitted the approval forms by the deadline, the Academic Program Advisor will enter the permission to allow you to register in the course on your MOSAIC account.

What if this course time slot conflicts with another course?

MOSAIC will not allow you to register in conflicting courses. You are required to attend all lecture components of the course.

Experiential Learning Series KINESIOL 4RR6A/B Thesis

COURSE DESCRIPTION

The Department of Kinesiology provides a research-intensive environment that offers a unique opportunity for students in Kinesiology to both participate in, and contribute to the research of the faculty. Students participate in research while earning credits towards their degree through the 6-unit Senior Thesis (KINESIOL 4RR6) course. This is a two-term inquiry course that provides students an opportunity to conduct original research by collecting data and acquiring laboratory skills under the supervision of a full-time faculty member or Associate Member of the Department. Upon successful completion of the course, students should demonstrate general proficiency in carrying out independent research; specifically, the students should demonstrate the ability to:

- formulate a scientific hypothesis suitable for study
- design and conduct a project to support or refute the hypothesis
- analyze and present results in a thesis an oral and written thesis

ELIGIBILITY

The Senior Thesis course (KINESIOL 4RR6) is ONLY available to students registered in Level IV Kinesiology. Students must have a Cumulative Average (CA) of 8.5 or higher.

Please Note: Concurrent registration in KINESIOL 3RP3 is not permitted.

FORM DEADLINES

Students must submit their completed form to the Undergraduate Studies, Academic Program Advisor via email to kinug@mcmaster.ca or in IWC 219C, ideally by March 31st, or 30-days prior to the start of the Fall term.

FREQUENTLY ASKED QUESTIONS

Am I required to find my own thesis supervisor?

Yes. It is the student's responsibility to find a supervisor for a thesis prior to submitting forms. This requires planning for your placement before the deadlines for forms.

Can I take this course at the same time at KINESIOL 3RP3?

Concurrent registration in KINESIOL 3RP3 is not permitted. KINESIOL 3RP3 functions as a great introduction to this course.

How do I register for the class?

Submit approval forms to the Academic Program Advisor and if you meet the requirements, permission will be coded to allow you to register in the course on your MOSAIC account. Note: The GPA requirement will be verified by the end of May and if you do not meet the required 8.5 both you and your supervisor will be notified that you are not eligible to enrol.

What if this course time slot conflicts with another course?

MOSAIC will not allow you to register in conflicting courses. You are required to attend all lecture components of the course.

How do I enroll in KINESIOL 4RR6B?

Once registered in Mosaic for KINESIOL 4RR6A, you will automatically be enrolled in KINESIOL 4RR6B for the Winter term.